

PALM BEACH COUNTY OFFICE OF COMMUNITY REVITALIZATION

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VIRTUAL MEETING MINUTES

Meeting Title: Facilitator: Minutes Prepared by: Date/Time:	Countywide Community Revitalization Team Meeting Houston Tate, OCR Director	
	William Wynn, OCR Senior Planner January 17, 2023	
Location:	WebEx Virtual Meeting	

MEETING ATTENDANCE

1. Keith Clinkscale PBC Strategic Planning and Performance Management

HATT Foundation Inc.

- Samantha Corr PBC ERM 2.
 - Lake Worth West Resident Planning Group, Inc.
- 4. Michael Gempel
- Margaret Humphrey 5.

Saidy Garzon

6. Jean Legagneur

3.

10.

- 7. DaVatrice Lindsey
- 8. Marcela Millett
- 9. Alexander Muhammad
 - Ruth Moguillansky
- Fadi Nassar 11.
- 12. Michael Owens
- Ike Powell 13.
- Casey Pranckun 14.
- Audley Reid 15.
- Virginia Savietto 16.
- 17. George Schott
- Michael Sklar 18.
- Houston Tate 19.
- 20. William Wynn

- Lutheran Services Florida South Bay Early Head Start HATT Foundation Inc.
- Florida Rural Legal Services
- PBC Strategic Planning and Performance Management
- **Gramercy Park Resident**
 - PBC OCR
- PBC Traffic Engineering
- School District of PBC
- **PBC Youth Services**
- **PBC Parks & Recreation**

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- PBC OCR
 - PBC District 2 Commissioner's Office

PBC Housing & Economic Development

- PBC OCR

MEETING MINUTES

I. WELCOME AND INTRODUCTIONS

Houston Tate, OCR Director, called the meeting to order at 10:02 a.m., welcomed everyone to the meeting, and introduced the OCR staff. George Schott, OCR Planning Technician, introduced the CCRT members and Mr. Tate introduced the presenters Michael Gempel, Executive Director, and Jean G. Legagneur Sr., Senior Citizen Healthcare Advocate, at HATT Foundation Inc.

II. DEPARTMENT UPDATES

- Fadi Nassar, Traffic Engineering
 - Traffic Engineering is assisting OCR with various speed hump studies. Audley Reid of OCR can provide additional information if needed.
- Ike Powell, PBC Youth Services
 - > Youth Services has started preparing for its summer programs
 - Summer camp scholarship applications are available online. Parents can apply for these scholarships beginning January 30th until April 14th
 - Summer camp posters are available in English, Spanish and Creole
 - For information about the Summer Camp Scholarship Program, visit <u>https://discover.pbcgov.org/youthservices/Pages/Summer Camp.aspx</u>
- Michael Owens, School District of PBC
 - Dr. Joaquín García High School is scheduled to open in August of this year. An advisory boundary committee meeting was held on January 12th to discuss the new boundary for the school. The final boundaries are not yet finalized.
 - Ruth Moguillansky, OCR Principal Planner, stated that the Hispanic Education Coalition of Palm Beach County (HEC) would be having a celebration event for the naming of the school on February 18th at one of the Board members' home.
- Samantha Corr, PBC ERM
 - ERM will be starting its annual winter Lake Worth Lagoon fishing challenge, which will last two weeks
 - ERM will begin looking for applicants for the Green Futures Summer Internship Program in late February.
 - ERM will be having volunteer events coming up for anyone who is in the need of volunteer hours
- Michael Sklar, PBC HED
 - HED will be opening up their public service funding to non-profit agencies for the fiscal year (FY) that starts in October of 2023.
 - HED will be having a non-mandatory pre-submittal workshop on January 18th at 10:00 am to select agencies to provide Community Development Block Grant (CDBG) public service activities that will benefit persons of low and moderate income. Funds of approximately \$250,000, \$50,000 maximum request. One (1) proposal per respondent & one (1) activity per proposal. Successful proposals awarded a one (1) year contract with option for renewal for up to two (2) subsequent years.

Renewals contingent upon successful completion of contract requirements and BCC approval.

- The registration form can be obtained at: <u>https://discover.pbcgov.org/HED/Pages/RFP-HED.2023.1---FY-2023-2024-Public-Service-Activities.aspx</u>
- To qualify for public service funding, the applicant organization must be a 501.C3 nonprofit agency, and the proposed activities must be for low and moderate-income individuals.

III. OCR UPDATES

- Houston Tate
 - FDO is moving forward with the bid process to have the floor at the Lake Worth Community Center repaired.
 - CCRT meetings will resume to in person meetings in February. Meetings will be held at the Vista Center.
 - Food distributions for January will be at Cabana Colony-1/6, Limestone Creek-1/13, San Castle-1/20, and Gramercy Park-1/27
- Ruth Moguillansky
 - On January 24, the OCR will be going to the BCC to execute the contract with the Spirit of Giving Network and approve the allocation of additional funding for the implementation of the 2023 Back to School PBC! event.
 - The event has been tentatively scheduled for July 22nd, and will be held again at the following four locations: PBC Convention Center, Village Academy, the Palm Beach State College in Belle Glade, and the Edna Runner Tutorial Center.
 - > The first committee meeting will be held within the coming weeks.
 - > Registration will begin on February 1st and deadline is set for May 26th.
 - OCR management will be making a presentation about OCR programs and services to the new incoming commissioners, Commissioner Sara Baxter on January 20th and Commissioner Marci Woodward on February 9th.

IV. PRESENTATIONS

Michael Gempel Executive Director, HATT Foundation Inc.

- Mr. Gempel stated that the foundation has been operating in Palm Beach County for approximately 20 years, helping children and families in need, and under privileged individuals. The HATT Foundation (HATT) is a nonprofit organization with different focus areas, including diabetes; food for the needy; seniors and youth; and a symphony orchestra that is in the process of being created.
- HATT is trying to create a momentum in Palm Beach County to help and assist people with diabetes and help them minimize the amount of drugs they're currently taking, improve their overall body feel, and help create a longer healthier lifestyle for an individual with diabetes.
- Diabetes is one of the top five killers in the state of Florida.
- HATT is working on building an orchestra. Two buses have been donated which are being revamped and wrapped to show what the orchestra will look like as it is put together. HATT has hired a music director who will start on Monday the 23rd. Initially, the orchestra will start out with people who have some knowledge of how to play an instrument. HATT will go to the colleges to assemble a small orchestra as the desired orchestra is being built. The desire is to take 500 kids off the streets and attempt to

change their life through learning how to play a musical instrument. HATT will have a place for the orchestra to practice, instruments for them to use, and teach kids how to maintain. The kids in the orchestra will also be fed after practice. The goal is to take the best of these 500 children on a tour of all the major venues in the state of Florida that have facilities with stage and the proper setup to listen to a true orchestra. The goal is to send the top group of kids to Carnegie Hall in New York, Nashville, Tennessee, and other places they would never have an opportunity to go. HATT would like to take these kids and give them an opportunity to change their lives.

Jean G. Legagneur Sr., Senior Citizen Healthcare Advocate, HATT Foundation Inc.

- Mr. Jean G. Legagneur Sr. 561-523-3469 jlegagneur@hattdiabetes.com; <u>www.hatt1.com;</u>
- Underserved communities, a majority of the ethnic communities, are being ravaged by diabetes. What is senseless is the fact that most people do not know anything about it.
- The glycated hemoglobin (A1C) test measures your average blood sugar levels for the
 past two or three months. The A1C test is part of regular blood test at the doctors,
 although most doctors do not take their time to discuss it. There is a lot of education
 that needs to be provided in the communities, primarily the underserved communities.
 Although some people may not have overt signs of diabetes, it could be in their body
 and ready to strike.
- Mr. Legagneur was pre diabetic when he joined the HATT Foundation. Through PharmXHealthOne, which takes care of the medical needs of diabetes patients Mr. Legagneur found out that he was Pre diabetic. He was put on the Dare program and is no longer pre diabetic.
- Many people in our communities do not know whether they have diabetes. The statistics are frightening. A bit more than 10% of the U. S. population has diabetes. It does not matter what ethnic raised background. Approximately 37 million people have diabetes, and approximately 8.5 million of those people do not know they have it.
- Approximately 96 million people are Pre diabetic. Those most affected are from underserved communities, because of the way they eat, work very hard, and lack the discipline to exercise.
- 12.5% of the people in the state of Florida are diabetic. That is approximately 2.7 million people living with diabetes, and approximately 6 million people are Pre diabetic. Every year, an estimated 148,000 people in Florida are diagnosed with diabetes, primarily seniors, because their immune system is not as strong as when they were younger. That is why Mr. Legagneur concentrates on the seniors.
- Diabetes by race: 14.5% of American Indians are diabetic. Non-Hispanic blacks 12.1% of them are diabetic, Hispanics 11.8% are diabetic, Asians 9.5% are diabetic and non-Hispanic whites 7.4% are diabetic.
- All the numbers in the statistics do not come from the HATT Foundation. They come directly from the American diabetic Association and the Center for Disease Control. The American Diabetic Association and the Center approve the HATT Foundation in the state of Florida to do diabetic training classes for Disease Control.
- Diabetes is not visible, but it is killing people, and it is a slow process. It has some other health ramifications that are not very obvious, like heart disease.
- Education is key in changing the numbers of the individuals of the people who live around us.
- HATT is launching the HATT Diabetes Movement and would like to reach out to all residents in the communities that the OCR serves to provide the proper education and testing. Those who are interested in HATT services can visit <u>www.hatt1.com</u> and can fill out the form.

- HATT will be also providing training online so people can take the class in the comfort of their home.
- A class assessment is requested at the end of the training for participants to provide feedback and to indicate both how they intend to change their way of living and the goals that they set for themselves. This information is provided to the American Diabetes Association and HATT then works with the insurance companies to assist those who need treatment. HATT provides certificates for taking the classes.
- HATT is going to start through PharmXHealthOne offering diabetes supplies at a very, very low cost on their website, and they will be delivered directly to the home.
- Through the American Diabetes Association, the insurance companies recognize that eating habits have to change to control diabetes. The insurance companies will help deliver three meals a day to people who are diabetic at no cost and meals will be going to both those who are diabetic and other individuals living in the house so all acquire good eating habits and positive influence those with diabetes.
- HATT Foundation also has a physical fitness program in place. HATT would like all to join in the movement to assist with people that have diabetes.

Questions

- Saidy Garzon, Lake Worth West Resident Planning Group, Inc.
 - Ms. Garzon asked if the HATT Foundation could participate in the Lake Worth West Resident Planning Group, Inc. health fair being held in May of 2023. Mr. Legagneur replied HATT would love to participate, and he will follow up with Ms. Garzon.
- Alexander Muhammad, Gramercy Park Resident
 - Mr. Muhammad asked if HATT had any literature in English, Spanish and Creole because his community is very diverse. Mr. Legagneur replied that at this time, HATT does not have Spanish or French literature but is moving in that direction because they understand the need in the communities. Mr. Legagneur also stated that if the Gramercy Park community wants to organize a screening event, he would attend and translate Creole and French, if needed. HATT Foundation is planning to attend the Gramercy Park meeting on Saturday March 4th, and can conduct the diabetes screening at this meeting. Houston Tate advised that a flyer would be mailed to everyone in the community about the meeting.
- Ruth Moguillansky, OCR Principal Planner
 - Advised that she could help with the Spanish translation for the Gramercy Park meeting flyer
 - Asked if HATT will be actually conducting the screening at the Gramercy Park meeting. Mr. Legagneur replied, yes.
 - Asked what the youngest age to screen for diabetes is. Mr. Legagneur replied that he would recommend doing it to as many people as you could, including kids because there are two types of diabetes. Type 1 affects children and type 2 affects young adults to seniors. When a child has type 1 diabetes, there are early warning signs because their pancreas does not work very well at that age. Testing at an early age is recommended.
 - Asked what the typical or early signs of diabetes are. Mr. Legagneur replied there are no early signs to point to pre diabetes.

V. QUESTIONS/COMMENTS

- Keith Clinkscale, PBC Strategic Planning and Performance Management
 - > The Strategic Planning and Performance Management Division will present

Feed Your Mind, Series V. The workshop series will run from January of 2023 through August of 2023, and workshops will be held from 11:30am to 1:00pm.

- The feed your mind campaign will include the six strategic cross department teams: Housing and Homelessness, Infrastructure, Economic Development, Environmental Protection, Substance Use & Behavior Disorders, and Public Safety
- The feed your mind campaign will be lived stream on Channel 20 and available for the public.

The meeting adjourned at 11:22 a.m.

Approved by: Houston L. Tate, OCR Director _____